

SPIRITUALITY, FAITH AND RELIGIOUSNESS

You have a sense of purpose and acceptance believing there is something beyond materialism and status. You have a connection with the Sacred which helps you to appreciate the vast universe and the oneness of it all. You celebrate spirituality through religious rituals. You have an appreciation of God.

[More info on Spirituality, Faith & Religion Strength](http://www.viacharacter.org)

www.viacharacter.org

What are the signs of spirituality or religiousness?

What work might suit someone who is spiritual-minded or enjoys religion?

What advantage is there in being spiritual or practising religion?

Make a plan to develop more spirituality, faith or religiousness!

I'd love to be more spiritual or have more faith in the following situation:

This would help me to be more spiritual or have more faith (e.g. trusting in a loving creator):

When and where I'll be more spiritual or have more faith or practise more religion:

To remind yourself to do this PRINT or TAKE A PHOTO of this page.